

Rice 飯類

86. Sweet & Sour Pork on Rice 咕嚕肉飯	\$14.00
87. Stewed Beef on rice 原汁牛腩飯	\$14.00
88. Deep Fried Tofu on Rice 紅燒豆腐飯	\$14.00
89. Ma Po Tofu on Rice 麻婆豆腐飯	\$14.00
90. Fried Pork with Fish Sauce on Rice 魚香肉絲飯	\$14.00
91. Fried Pork with Capsicum on Rice 青椒肉絲飯	\$14.00
92. 青椒肚絲飯	\$14.00
93. Prawns and Egg on Rice 青菜魚片飯	\$14.00
94. Eggplant with Chilli Sauce on Rice 魚香茄子飯	\$14.00
95. Chicken and Mushroom on Rice 香菇雞球飯	\$14.00
96. Stewed Beef with Potatoes on Rice 土豆牛肉飯	\$14.00
97. Kung-pao Chicken on Rice 宮保雞丁飯	\$14.00
98. Hai Nan Chicken on Rice 海南雞飯	\$14.00
99. Spicy Chicken on Rice 紅油雞飯	\$14.00
100. Satay Chicken on Rice 沙爹雞球飯	\$14.00
101. Satay Beef on Rice 沙爹牛肉飯	\$14.00
102. Stewed Pork Belly on Rice 川式紅燒肉飯	\$14.00
103. Roasted Duck on Rice 燒鴨飯	\$14.00
104. Roasted Pork on Rice 脆皮燒肉飯	\$14.00
105. Honey B.B.Q. Pork on Rice 蜜汁叉燒飯	\$14.00
106. Spicy Beef on Rice 紅燒牛肉飯	\$14.00
107. Spicy Pork Belly on Rice 麻辣回鍋肉飯	\$14.00
108. B.B.Q. Pork and Roasted Duck on Rice 統一燒味雙拼飯 (燒鴨,燒肉,叉燒任選二種)	\$17.00

Fried Noodles 炒面類

109. Seafood Fried Noodles 海鮮炒面	\$15.00
110. Fried Beef Ho Fun 幹炒牛河	\$15.00
111. Fried Noodles (Singapore Style) 星洲炒米	\$15.00
112. Vegetarian Fried Noodles 蔬菜炒面	\$15.00
113. Meat Combination Fried Noodles 什錦炒面	\$15.00

Noodles Soup 湯面類(粉,面,河粉 同價)

114. Wonton Noodle Soup 雲吞湯面	\$15.00
115. Stewed Beef Noodle Soup 牛腩湯面	\$15.00
116. Chilli Fried Beef Noodle Soup 紅燒牛肉面	\$15.00
117. Cold Noodles 雞絲涼面	\$15.00
118. Roasted Duck Noodle Soup 燒鴨湯面	\$15.00

Fried Rice 炒飯類

119. Seafood Fried Rice (Spicy) 辣味海鮮炒飯	\$15.00
120. Vegetarian Fried Rice 蔬菜炒飯	\$15.00
121. Chicken Fried Rice 雞絲炒飯	\$15.00
122. Salted Fish and Chicken Fried Rice 鹹魚雞粒炒飯	\$15.00
123. Combination Fried Rice 什錦炒飯	\$15.00

Steam Rice 米飯

S \$2.00 M \$6.00 L \$10.00

Tel. 03 341 8633

Add: 113 Riccarton Road,
Riccarton, Christchurch



BENSON
chinese restaurant

Open 7 Days

Lunch: 11:30am - 3:00pm
Dinner: 4:30pm - 9:30pm

Tel. 03 341 8633

Fax. 03 341 8622

Add: 113 Riccarton Road,
Riccarton, Christchurch
www.bensonrestaurant.co.nz

Takeaway Menu

Soup

湯類

1.每日例湯	S \$2.00	M \$6.00	L \$10.00
2.Chicken and Corn Soup 雞蓉粟米羹		S \$5.00	M \$13.00
3.Chicken and Mushroom Soup 雞絲冬菇羹		S \$5.00	M \$13.00
4.Crab Meat Tofu Soup 蟹柳豆腐羹		S \$5.00	M \$13.00
5.Won Ton Soup 雲吞湯		S \$8.00	M \$13.00
6.Hot and Sour Soup 酸辣湯			M \$13.00

(S = 1 person M = 2-5 people L = 6-10 people XL = over 10 people)

Cold Dish

冷食

7.Vermicelli Salad 拌涼皮	S \$9.00	L \$13.00
8.川北涼粉	S \$9.00	L \$13.00
9.涼拌麻辣肚絲	S \$15.00	L \$20.00
10. Garlic Pork 蒜泥白肉	S \$15.00	L \$20.00
11. Garlic Beef 醬牛肉	S \$15.00	L \$20.00
12. Beef Lungsin with Chilli Sauce 夫妻肺片	S \$15.00	L \$20.00
13. Steamed Chicken with Chilli Sauce 口水雞	S \$15.00	L \$20.00

Entrees

小食

16. Deep Fried Wontons (1/2 Dozen) 酥炸雲吞	\$7.00
17. Spring Rolls 春卷	\$7.00
18. Vegetarian Spring Rolls 素春卷	\$7.00
19. Dumplings 餃子	12 for \$9.00

Benson’s B.B.Q

統一燒味			
18. Honey B.B.Q. Pork			\$26.00
蜜汁叉燒			
19. Roasted Pork			\$26.00
脆皮燒肉			
20. Combination B.B.Q.			\$38.00
統一燒味三拼			
(Roasted Duck, B.B.Q. Pork, Roasted Pork)			
(燒鴨,叉燒,脆皮燒肉)			
21. Roasted Duck	Half \$24.00	Whole \$45.00	
燒鴨	半隻 \$24.00	全只 \$45.00	

Chilli Pot (Spicy)

干鍋類			
22. Chicken and Potatoes in Chilli Pot			\$26.00
干鍋雞			
23. Pork Ribs and Potatoes in Chilli Pot			\$26.00
干鍋排骨			
24. 麻辣香鍋			\$38.00
(排骨、雞翅、鴨翅、豬肚、豬耳朵、土豆、豆干、青椒、紅椒)			

Chicken

雞肉類		
25. Kung-Pao Chicken		\$22.00
宮保雞丁		
26. Chicken with Cashew Nuts		\$22.00
腰果雞丁		
27. Chicken with Satay Sauce		\$22.00
沙爹雞球		
28. Steamed Chicken (Half)		\$22.00
白切雞		
29. Spicy Chicken (Half)		\$22.00
紅油雞		
30. Chilli Fried Chicken		\$22.00
香酥辣子雞		
31. Honey Lemon Chicken		\$22.00
蜜汁西檸雞		
32. ChongQing Chicken		\$28.00
重慶椒麻雞		

Lamb

羊肉類		
33. Fried Lamb with Coriander (Spicy)		\$23.00
香菜羊肉 (辣)		
34. Fried Lamb with Spring Onions		\$23.00
蔥爆羊肉		
35. Fried Lamb & Cumin Seeds on Sizzling Plate (Spicy)		\$23.00
鐵板孜然羊肉 (辣)		

Pork

豬肉類		
36. 青椒炒肚絲		\$20.00
37. 香爆肚絲		\$20.00
38. Fried Pork with Capsicum		\$20.00
青椒炒肉絲		
39. Fried Pork with Fish Sauce		\$20.00
魚香肉絲		
40. Sweet and Sour Pork		\$22.00
咕嚕肉		
41. Shredded Pork in Sweet Bean Sauce		\$22.00
二代京醬肉絲		
42. Pork Mince with Scrambled Eggs		\$22.00
肉鬆蒸水蛋		
43. Pork with Cashew Nuts		\$22.00
腰果肉片		
44. Stewed Pork		\$23.00
川式紅燒肉		
45. Spicy Pork		\$23.00
川府回鍋肉		
46. Pork Spare Ribs with Garlic		\$28.00
蒜香骨		
47. Steamed Pork with Chilli		\$28.00
水煮肉片		

Beef

牛肉類		
48. Stewed Beef with Potatoes		\$23.00
牛腩燉土豆		
49. Fried Beef with Cumin Seed on Sizzling Plate		\$23.00
鐵板孜然牛肉		
50. Spicy Stewed Beef		\$23.00
紅燒牛肉		
51. Beef with Black Bean Sauce		\$23.00
豉汁牛肉		
52. Fried Beef with Ginger and Spring Onion		\$23.00
姜葱牛肉		
53. Fried Beef with Coriander		\$23.00
香菜牛肉		
54. Stewed Beef in Hot Pot		\$26.00
原汁牛腩煲		
55. Sliced Rib-Eye Steak with Black Pepper Sauce on Sizzling Plate		\$28.00
鐵板黑椒牛柳		
56. Sichuan Beef (Sliced Rib-Eye Steak)		\$28.00
蜀香牛柳		
57. 酸湯肥牛		\$28.00
58. Beancurd Beef		\$28.00
豆花牛肉		
59. Steamed Beef with Chilli		\$28.00
水煮牛肉		

Seafood

海鮮類		
60. Stir Fried Fish with Celery (Ling Filet)		\$23.00
西芹魚片		
61. Sweet & Sour Fish Fillet		\$23.00
糖醋魚块		

62. Steamed Fish with Chilli		\$28.00
水煮酸菜魚		
63. King Prawns with Cashew Nuts		\$28.00
蒜香虾球		
64. Spicy Peppered King Prawns		\$28.00
椒鹽大虾		
65. Steamed Whole Fish (Blue Cod)	S \$35.00	L \$39.00
清蒸全魚		
66. Spicy Steamed Whole Fish (Blue Cod)	S \$38.00	L \$42.00
糊辣魚		
67. 糊辣鱼2吃 (一半清蒸，一半糊辣)	S \$40.00	L \$44.00
加涼麵		
Cold Noodle for Spicy Fish		Extra \$5.00

Tofu (Bean Curd)

豆腐類		
68. Home-Made Tofu with Special Sauce		\$19.00
秘制豆腐		
69. Ma Po Tofu		\$19.00
麻婆豆腐		
70. Mushroom, Tofu and Vegetables		\$20.00
香菇豆腐扒時菜		
71. Combination Tofu		\$20.00
八珍燴豆腐		
72. Home-Made Tofu with Sweet and Sour Sauce		\$20.00
咕嚕豆腐		
73. Home-Made Tofu with Seafood Sauce		\$22.00
一品豆腐		

Vegetables

蔬菜類		
74. Fried Potatoes		\$15.00
酸辣土豆絲		
75. Chinese Vegetables with Garlic or Oyster Sauce		\$15.00
蒜蓉/蠔油時菜		
76. Lettuce with Garlic Sauce or Oyster Sauce		\$15.00
蒜蓉/蠔油生菜		
77. Fried Lettuce with Bean Curd Sauce		\$15.00
腐乳炒生菜		
78. Stir Fried Broccoli		\$15.00
清炒西蘭花		
79. Combination Vegetables		\$16.00
什會時菜		
80. Fried Beans with Garlic Sauce		\$16.00
油鹽/蒜蓉四季豆		
81. Sliced Duck with Bean Sprout		\$16.00
酸菜銀芽炒鴨絲		
82. Fried Pork with Beans		\$19.00
幹扁四季豆		
83. Fried Eggplant with Chilli Sauce		\$19.00
魚香茄子		
84. Beef Mince with Eggplant		\$20.00
肉松扒茄子		
85. Eggplant with Salted Fish in Hot Pot		\$20.00
鹹魚雞粒茄子煲		